



# BEAUTY COURSE

## Level -1



### FIRST WEEK :-

- skin theory
- Skin analysis
- Client handling
- Room preparation
- Trolley setting

### SECOND WEEK:-

- Products knowledge
- Skin type of facial
- Fruit facial
- Hydra facial
- Anti aging facial
- Glow facial
- whitening facial

### THIRD WEEK:-

- Eyebrows shaping
- Thread handling
- waxing (Basic)
- Manicure
- Pedicure
- Nail cleaning
- Foot cleaning

### FOURTH WEEK:-

- Different type of massage
- Foot massage
- Head massage
- Body massage With pressure point
- Body polishing
- Body D-tan